
BODIES

oF

WATER



Chance and words:

Inma Pavon

REST
AND
TO FORGET
MOVE A LANDSCAPE
LANDSCAPE BREATH
AND
AS THAT BLOOMS
LIFE
FEEL LIFE
AN
TRANSIENT WITHIN TIME SPACE
IMAGINATION KINDNESS AND LIVING
WITH FIND CONFLICTS
SENSUAL BEAUTIFUL INVITING THAT NOT SEXUAL
DANCE SOLO DUET WITH A DANCE A DUET AS SHADOW
FLOW BUT ENJOY STUCK IS SOMETHING EVEN ONE
CREATE CULTURE PEACE
ABOUT DEAD MIGHT
VALUE AND DIFFERENCES
SILENCE
PLEASE OWN

These words were randomly selected from a text in order to create a 'chance poem'. The text source is : <http://eikoandkoma.org/deliciousmanifesto> and it was part of Bodies of water somatic workshop given by Dr Roisin O’Gorman on Monday the 20th of June 2016.

Embodied responses/observations/analysis/memories from Bodies of water’s Somatic workshop:

And here we are, bodies, many bodies, bodies of sand, bodies of rivers, bodies with fire, bodies carved in stones, bodies imprinted with memories, local bodies, foreign bodies and many shape bodies.

A journey of my own divided into multiple stories all happened within the grey stone walls of the TDC (Theatre Development Centre) at the Triskel Arts Centre, Cork. A journey shared and experienced among other bodies. A journey lead by the softness and gentle sound of Roisin’s voice. A journey lead by the knowledge of a much experienced body. A body with patient’s water that carves its inside away, and removes those obstacles that are useless in a way.

I heard those bodies’ stories today, I heard them whispering their weight, their shapes and their names. I saw some bodies dancing alone and others dancing to the songs. What does your heart beat to? Is it to the beat of rock and roll? Or perhaps to the rhythm of your watery soul? Why is it that we moved better to one song than to another? We are bodies, bodies of water, water that shakes us all.

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